

THE JOURNEY TO GODLINESS

Use the following Growth Group discussion questions to deepen your relationship with God, his Word and others.

Growth Group Leaders: It is not necessary to use all the questions. Select or ask questions you like or that best fit your Growth Group.

BREAK IT OUT:

1. If you knew you had one year to live, how would you live differently?
2. What got your attention or made you think of a new idea in Sunday's sermon?

TALK IT OUT: (1 TIMOTHY 4:6-10)

3. How would you define godliness to someone?
4. As diet and exercise is important to a healthy physical life, how would you describe the importance of diet and exercise for a healthy spiritually life?
5. How intense has your godliness training been this past year?
6. Name some disciples that should be a part of a spiritual growth routine?
7. What kinds of goals might one set when training for godliness?

WORK IT OUT:

8. Are there any particular objectives that you might work toward as you train for godliness?
9. Are the right pieces in your life today to make that happen?
10. How can your Growth Group help?

The Journey to Godliness

6/10 in the series The Faithful Church

February 14, 2016 • Pastor Robb Williams • 1 Timothy 4

Today's passage (1 Timothy 4:6-10) is very popular in regard to the journey to godliness. We have goals for our work day, a checklist for our days off, a calendar of events that spans sometimes a year, and still others have a five-year, or even a 10-year life plan. Impressive. How is your spiritual life journey plan going? Are you as spiritually fit as you have planned to be? Are you well on your way to living a healthy Christian life? This morning's three useful ideas will likely help us all along in a more deliberate and effective journey to godliness.

1. **Godliness is a journey, not a destination** - (Romans 8:29, 2 Corinthians 3:17). Since we all start in a different place, one another's progress is relative.
2. **The Bible is essential to the journey** - (1 Timothy 4:7a, Psalm 119:105). All journeys benefit from a map and a guide.
3. **Training in godliness has great value** - (1 Timothy 4:7b-10). All journeys benefit from fitness.

For the Week

Let's work out, burn some calories, lose some fat and cut calories... spiritually

NEXT WEEK 7/10 • THE FAITHFUL CHURCH
GODLINESS IN ACTION • 1 Timothy 5:1-16